



郑仲儀 (Chung Yi Cheng)



涂鸦 图雅

DW01C 21F 用色涂鸦 New Doodle Color

DW01D 21F 涂鸦少年班 (6-11) Doodle (age 6-11)

DW01E 21F 涂鸦幼儿班 (6 under) Doodle (age 4-6)

Doodle 其實就是隨意塗鴉插畫的意思，用簡單圖紙，可以具有主題性（或沒有）的圖畫，大部分是沒有任何意義的插圖，透過抽象形狀樣式的重複、排列、重組、變形、交錯…等等方式繪成。塗鴉是可以提高繪畫技巧，希望透過線條訓練，竟而對物體成形的掌握，想像力無限的擴大，暑期預計有八堂課程，除了基本線條、形狀練習，主題性描繪還有藝術作品欣賞，讓孩子知道，原來塗鴉是這麼容易和有趣，利用所學的技巧，最後完成一幅屬於自己的創作作品。

所需材料如下

紙張、鉛筆、橡皮擦、Marker (簽字筆) 粗、細筆尖 0.1、0.3、0.8、1.0

郑仲儀老师出生于台湾。在台湾学习画画，做过八年的设计工作。后来来美国学艺术。五年来到现代中文学校教画画。

郑老师认为画画是一种解压方式，可以缓解紧张的情绪。她很享受跟小朋友相处的每个45分钟，每当看到他们完成一个作品、画完一个个小故事之后，便是她最开心的时刻。刚开始教小朋友画画时，最令她头疼的是如何与“捣蛋鬼”们相处，她从不摆师长架子，耐心用爱去感化、去培育，通过一段时间的坦诚相待，她和小朋友们成为了亲密无间的好朋友。

郑仲儀老师尊重每个孩子艺术创作的个性，根据小朋友的特点和发展来调整她的教学方式，避免用整齐划一的方法桎梏学生的创造性思维。她常常鼓励孩子们用多种绘画手法不断尝试，因此她学生的画作总是充满了灵气，获誉无数。



文学荣 (Xuerong Wen) & Anthony Wang (王文韬)

精兵强将 勇创佳绩

MC09B 21F 竞赛数学-9 年级 Math Competition (Grade 9)

Dr. Meggie Wen is currently a Full Professor in Dept. of Mathematics and Statistics, Missouri University of Science and Technology. She has earned a B.S. in Probability and Statistics from Peking University, a Ph.D. in Statistics from University of Minnesota, Twin Cities. She has extensive teaching experiences and has tutored students at various levels of competitive mathematics.

Anthony Wang is a Senior at Ladue Horton Watkins High School. He has extensive math contest experiences. He is a two-time USAJMO (The United States of America Junior Mathematical Olympiad) qualifier (2018, 2019), two time National Mathcounts Participants (2017, 2018), 2nd place winner in National Mathleague.org elementary contest in 2016. Anthony's math background also helped him with USACO (USA Computing Olympiad) competition. He was promoted to the Platinum division in Dec. 2018 after only six months' programming experience. As one of 26 nationwide finalists and the first student in Missouri since 2015, Anthony was invited to attend the USA Computing Olympiad National training camp twice in 2020 and 2021 with a full scholarship. Anthony has a perfect ACT composite score in eighth grade and a perfect SAT Math score in seventh grade, both without any preparations. Anthony is also a team member of Ladue Science Olympiad Competitive team since 2017. Anthony is eager to share his knowledge and passion for Math learning and competition with interested students. Anthony will teach the class under the supervision of Dr. Wen.

Textbook: *The art of problem solving volume I* (Class Size: 12; Period 10 Sunday; textbook is optional). AOPS Volume 1 is appropriate for students who are interested in math competitions such as MoCTM middle school contests, Mathcounts, AMC 8/10 etc. It covers all four topics in math contests: algebra, number theory, geometry, probability and counting. Although it is widely used by students preparing for mathematics competitions, the book is not just a collection of tricks. It presents a much broader and deeper exploration of challenging mathematics than a typical math curriculum and show students how to apply their knowledge and problem-solving skills to difficult problems. The instructor will also provide extra examples to supplement the materials. (Grade 7--9) Pre-req: Demonstrated in successful completion of Pre-Algebra or higher-level courses with a grade "B" or better, or pass a sample contest. Textbook: <https://artofproblemsolving.com/store/item/aops-vol1> Text ISBN: 978-0-9773045-6-1 Solutions ISBN: 978-0-9773045-7-8.

Meggie Wen (文学荣) 本科毕业于北京大学数学学院，在美国明尼苏达大学获得统计学博士学位，现任职于密苏里科技大学数学统计系。文博士有丰富的教学经验。

Anthony Wang (王文韬) 秋天将进入 Ladue High School 12 年级，他有丰富的数学竞赛经验。他是 2018, 2019 年美国数学 Junior 奥林匹克 (USAJMO) 的入选者，全美仅有约 200 名学生获得这个荣誉。他还在七、八年级两次代表密苏里州参加全国数学 Mathcounts 竞赛。2016 年在 mathleague.org 的比赛中获得全国第二名。Anthony 的数学基础对他参加计算机编程比赛也有很大的帮助。他从 2018 年 6 月份开始学习编程，在短短的六个月参加美国计算机奥林匹克比赛就升到白金级别。2020、2021 年 5 月他连续两次入选美国计算机奥赛国家集训队。Anthony 有深厚的数学基础，八年级 ACT 总分满分；七年级 SAT 数学满分。他非常期待和喜欢数学的朋友们分享自己的知识和心得。

The art of problem solving 第一卷 (12 个学生，周末第 10 节，资料费\$0，课本自备) 这是一门针对数学竞赛的课，适用于对以下数学竞赛感兴趣的学生：MoCTM middle school contests, Mathcounts, AMC 8/10 等。涵盖数学竞赛中常见的四个科目：代数，数论，几何，概率。这门课不仅仅教竞赛技巧，对各个方向的内容都有比较深刻的讨论，激发学生的独立思考能力和灵活运用知识的能力。Anthony 老师还会提供很多额外的内容和练习来帮助学生全面提高数学素养。要求学生至少学过 Pre-Algebra，对数学感兴趣，遵守课堂纪律。适合 7-9 年级学生。

课本信息：<https://artofproblemsolving.com/store/item/aops-vol1> Text ISBN: 978-0-9773045-6 练习题答案：978-0-9773045-7-8



张如琳 (Rulin Zhang)

ER01A 21F 二胡演奏入门 (成人) Erhu Introduction (Adult)

ER01B 21F 二胡演奏入门 (青少年 8-22 岁) Erhu Introduction (Kids/Youth)

国风民乐 雅俗共赏



1. 了解二胡的基本构造，发音原理，调弦和日常养护
2. 掌握正确的左手持琴，右手持弓基本姿势。为日后深刻表现乐曲需要的高级技巧打下基础（高级技巧为：左手揉弦，装饰音和滑音，右手长运弓和跳弓）
3. 音乐综合素质培养，学会识简谱，规范音准和节奏，普及乐理知识
4. 学会 D 和 F 音阶，能演奏简单的二胡名曲，和中外流行曲。最终目标能参加民乐团演出



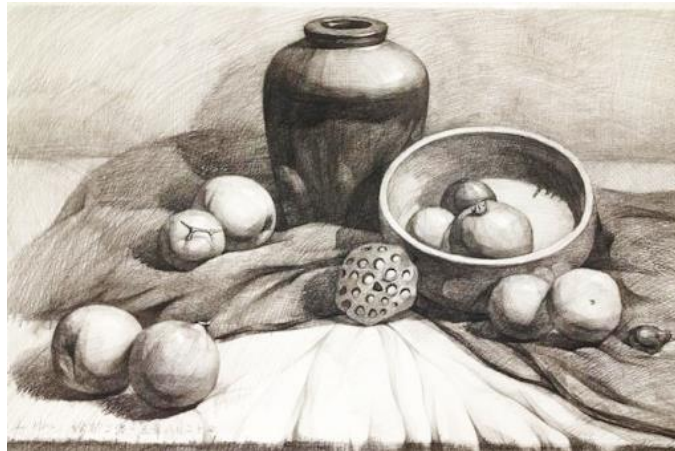
授课方式为：讲解示范，分组练习，作业和课后练习，复课点评

张如琳出生于北京，6岁开始学习二胡，12岁通过中国音乐家协会考级10级和中央音乐学院考级9级（最高级），并录取于中国音乐学院附中。15岁在民乐艺术特长生比赛中脱颖而出，录取于北京四中，并担任北京金帆民乐团首席，筹备并演出多场民族音乐会。曾受邀录制中央电视台国乐栏目《风华国乐》；先后出访德国、法国、荷兰、比利时、奥地利、日本、香港、台湾和澳门等国家及地区交流巡演。张如琳曾多次在国内音乐比赛中获得大奖。

2009年赴美以后，她以独奏、重奏、合奏等多种形式参加了美南地区的各类演出活动，包括2015新春民族音乐会，合唱《红楼梦》组曲音乐会，《拥抱春天》文艺晚会，纪念辛亥革命一百周年大型综艺晚会等。除了积极投身于音乐事业的发展外，张如琳就任四大会计师事务所审计经理一职



Dan Wine



[DW04C 21F](#) 绘画入门 I (under age 12) **Beginning Drawing I**

[DW04D 21F](#) 绘画入门 II (age 12 and up) **Beginning Drawing II**

Description: This class will make a survey of the drawing techniques and materials. We will initially discuss and practice organizational line drawing... a formal examination of the basic observations and mark making that we begin to develop as novice artists. Next, we will discuss how our subjects can be simplified, understood, and rendered as a system of planar structures. The intent of which is to see that subject as a series of successively shrinking planes that reflect varied degrees of light back to the viewer. This is the 'architecture' of our likeness. At this point, we will take note of what can be called a 'light system' and a 'shadow system', and determine which of the planes formerly established lies within each system. Finally, we will discuss the application of relative values to the drawing, and resolve the image into a solid likeness.

Mr. Wine is a classically trained artist that enjoys demonstrating a variety of techniques and subjects. The majority of his work concerns the human figure and portraiture. He enjoys viewing people and considering them as actors in a social environment. Of that, He can visually demonstrate an appreciation for our humanity. That said, he does regularly create art that features animals or landscapes as well. Simply put, he will explore any subject that captures my interest, and that I think others might enjoy via his sensitive interpretation. That interpretation is currently achieved either through graphite/charcoal drawing, or oil painting. As standard practice his work is rendered as representational and realist; though, he is not beyond employing more creative and impressionistic mark making when the composition requires a variety of additional visual ques. For those individuals interested in viewing some of his work, please visit the following website: <https://dan-wine.squarespace.com>.



牛润红 (Run Hong Niu) & Alex Wang

MA01B 21F 数学一年级 Math (Grade 1)



Run Hong Niu is a professor at Webster University teaching quantitative courses since 2008. She has earned a bachelor's and master's degrees from Tsinghua University and a Ph.D. in Management Science from the University of Alberta.

Alex Wang is a sophomore at Saint Louis Metro High School. He is a youth educator for **4-H**. 4-H is an organization that helps youths learn more about our world, develop useful life skills, and become responsible and caring members of society. As a youth educator, Alex has been teaching youths in the St. Louis area for 4H's health habit program and ag innovator program. He also tutor Math and Computer Science at Metro high school. From these experiences, Alex has developed great teaching skills with youths. He looks forward to the class.

章稳 (Wen Zhang)

MA02B 21F 数学二年级 Math (Grade 2)

二年级的数学内容我会包括美国学校二年级数学教学内容，会更注重增加训练计算速度和精确度。另外会涉及其它知识，如：时间，钱，长度，重量，容积，周长，面积，温度等等的计算和简单换算。也有简单应用题和智力开发题。二年级下学期会涉及分数，小数，乘除的概念和简单计算。我希望扩大孩子们的解题思维。





高丽群 (Liqun Gao)

AR11C_21F 瑜伽/普拉提 Rhythm Fitness & Yoga

新冠在家待太久 需要瑜伽普拉提

普拉提 (Pilates) 是一种舒缓全身肌肉及提高人体躯干控制能力的课程, 它是一项超过 80 年, 独特神奇的组合运动系统疗法, 取名于其创始人约瑟夫·普拉提先生 (Joseph H. Pilates)。



普拉提把东方的柔韧和西方的刚毅二者之长合二为一, 它的动作缓慢和清楚, 而每个姿势都必须和呼吸相协调, 所以普拉提适合任何年龄, 特别是缺少运动、长时间需要接触电脑和朝九晚五的上班族的人士。他们由于长时间在办公桌和电脑前工作导致肌肉发展失衡, 有规律的进行普拉提锻炼可纠正身体姿态, 放松腰部、颈部, 解决肩部问题, 收紧手臂、腹部的松弛肌肉。很多专业的运动员也用普拉提练习来避免运动损伤。

新冠以来很多上班族变成了宅家族, 长时间的缺乏固定姿势以及缺少锻炼, 很多人的颈、腰、肩、背等等部位发生了不同程度的劳损。通过普拉提运动不但改善了身体线条, 还将对矫正颈部和脊椎有非常好的效果。普拉提运动速度相对平和, 是静力状态的运动, 几乎不会产生对关节和肌肉的伤害。



只要有一片安静的空间, 有一块柔软的地毯, 你就可以进行练习, 达到身体与意念的结合。



A



B

高丽群老师 拥有多年经验的舞蹈健身老师, 在现代中文学校教健身舞蹈, 时尚形体, 瑜伽/普拉提等 5 个班。其课程通过 Zumba, Jazz 舞蹈等有氧运动, 提高心肺功能, 同时, 还加强腰部和腹部, 大腿和臀部, 手臂和胸部, 力量和柔韧性的运动, 达到减脂塑形效果。时尚-形体课是从体形训练起, 改善符合你的气质、个性, 使你的着装旗袍, 工作装, 休闲装, 个性装, dress 等各种服饰搭配优雅, 线条优美, 更加自信。每节课都在优美而富有动感的音乐中完成, 配以相应的舞蹈动作进行兴趣盎然, 毫无枯燥的训练, 充满活力。让我们管住嘴、迈开腿, 为快乐和健康, 一起锻炼。

Liqun Gao has many years of dance/fitness instructing experience. Her classes focus on oxygenating the body, combining strength and flexibility to target the heart and lungs. She uses stimulating, yet beautiful movements as well as original dance choreography.

She believes that there is no such thing as boring exercise training, at least not in her classroom.

